



HOW TO DO EFFECTIVE COUPLES THERAPY
LIVE ONLINE VIA ZOOM

Keith Jordan, LCSW
April 29, 2023, 10:00am-1:00pm
Course Number: 324 (3.0 contact hours)

Bibliography

Couples Therapy Workbook for Healing: Emotionally Focused Therapy Techniques to Restore Your Relationship by Lori Cluff Schade, 2020.

Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages by Gary Chapman, 2018.

The 5 Love Languages: The Secret to Love that Lasts by Gary Chapman, 2015

Nonviolent Communication: A Language of Life, 3rd Edition, by Marshall Rosenberg, 2015.

Doing Imago Relationship Therapy in the Space-Between: A Clinician's Guide by Harville Hendrix and Helen LaKelly Hunt, 2022.

The New Rules of Marriage: What You Need to Know to Make Love Work by Terrence Real, 2008.

Healing From Infidelity: A Practical Guide to Healing from Infidelity and How to Help Your Partner to Heal from Your Affair by Jackson A. Thomas, 2019.

The Love Prescription: Seven Days to More Intimacy, Connection, and Joy by John Gottman and Julie Schwartz Gottman, 2022.

The CBT Couples Toolbox: Over 45 Exercises to Improve Communication, Navigate Problems and Build Strong Relationships by John Ludgate and Tereza Grubr, 2018.

Marriage Communication Power & Self-Help for High-Conflict Couples: 365 Days of Love & Respect with Your Partner by Caroline Sowle, 2022.