



**THE COMPLEX PSYCHOLOGY OF BEING ADOPTED: WHAT  
PSYCHOTHERAPISTS NEED TO KNOW**  
*LIVE ONLINE VIA ZOOM*

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September 28, 2024, 10:00am-1:00pm  
Course Number: 344 (3.0 contact hours)

**Topical Bibliography Important for the Treatment of Adopted Adolescents and Young Adults**

Please Note: All topics are also addressed in: Bertocci, D., Deeg, C., & Mayers, L., Eds. (2023) *Handbook on the Clinical Treatment of Adopted Adolescents and Young Adults*. New York & London: Routledge Group.

**Classics:**

- Brodzinsky, D. & Schechter, M. (1990) *The Psychology of Adoption*. NY & Oxford: Oxford Univ. Press.
- Brodzinsky, D., Schechter, M., & Henig (1993). *Being Adopted: The Lifelong Search for Self*. Anchor.
- Sants, H.J. (1964) Genealogical bewilderment in children with substitute parents. *British Journal of Medical Psychology*. 37. 133-141.
- Siegel, D.J. (2013). *Brainstorm: The Power and Purpose of the Teenage Brain*. New York: Penguin Grp.
- Triseliotis, J. (1973) *In Search of Origins: The Experiences of Adopted People*. London: Routledge.
- Verrier, N. (1993) *The Primal Wound: Understanding the Adopted Child*. Baltimore: Gateway Press.

**Family Context:**

- Buckwalter, K., et al. (2017) Ghosts in the adoption: Uncovering parents' attachment and coping history. *Families in Society: The Journal of Contemporary Human Services*. 98 (3). 225-234.
- Raby, K.L. & Dozier, M. (2019) Attachment across the lifespan: Insights from adoptive families. *Current Opinion in Psychology*. 25. 81-85.
- Ter Meulen, G. Smeets, D., & Juffer, F. (2019) The relation between adult adoptees' feelings about relinquishment, adoption and satisfaction with life. *Adoption and Fostering*. 43 (2). 192-209.
- Wieder, H. (1977) The family romance fantasies of adopted children. *The Psychoanalytic Quarterly*. 46 (2). 185-200.
- Wieder, H. (2001) *Handbook on Adoption: A Psychoanalytic View*. Bloomington: iUniverse

**Early Developmental Trauma:**

- Berens, A.E., et al. (2017). Biological embedding of childhood adversity: From physiological mechanisms to clinical implications. *BMC Medicine*, 15 (135). 1-12.
- Cohen, M., Tottenham, N., & Casey, B.J. (2013). Translational developmental studies of stress on brain and behavior: Implications for adolescent mental health and illness. *Neuroscience (Special Edition): Stress and the Adolescent Brain*. Amsterdam: Elsevier. 1-10.

- Lipschutz, R. & Bick, J. (2020). The neurobiological embedding of early social deprivation in children exposed to institutional rearing. In G.M. Wrobel, E. Helder, & E. Marr (Eds.) *The Routledge Handbook of Adoption*. London & New York: Routledge. 367-380.
- Merritt, M. (2022). Rediscovering latent trauma: An adopted adult's perspective. *Child Abuse and Neglect*. 130. 1-11.
- Perry, B.D. (2020). The neurosequential model: A developmentally sensitive, neuroscience-informed approach to clinical problem-solving. In J. Mitchel, J. Tucci, & E. Tronick (Eds.) *The Handbook of Therapeutic Care for Children: Evidence-informed Approaches to Working with Traumatized Children & Adolescents in Foster, Kinship, & Adoptive Care*. London/Phila.: Jessica Kingsley. 137-156.
- Van der Kolk, B. (2005). Developmental trauma disorder: A new rational diagnosis for children with complex trauma histories. *Psychiatric Annals*. 35 (5). 401-408.
- Van der Vegt, E.J.M., et al. (2009). Impact of early childhood adversities on adult psychiatric disorders: A study of international adoptees. *Social Psychiatry and Psychiatric Epidemiology*. 44. 724-731.

**Psychodynamic/Psychoanalytic Perspectives:**

- Brinich, P.M. (1990). Adoption from the inside out: A psychoanalytic perspective. In D. Brodzinsky & M. Schechter, Eds. *The Psychology of Adoption*. New York & Oxford: Oxford Univ. Press. 42-61.
- Hindle, D. & Shulman, G., Eds. (2008). *The Emotional Experience of Adoption: A Psychoanalytic Perspective*. London & New York: Routledge.

**Neuroscience:**

- Tyrka, A.R. et al. (2013). The neurobiological correlates of childhood adversity and implications for Treatment. *Acta Psychiatr Scand*. 128 (6). 434-447.
- VanTieghem, M., Korom, M., et al. (2021). Longitudinal changes in amygdala, hippocampus and cortisol development following early caregiving adversity. *Developmental Cognitive Neuroscience*. (48). 1-11.