



## **POST-TRAUMATIC STRESS AND ACCUMULATED STRESS INJURY: A BEHAVIORAL, EMOTIONAL, AND NEUROLOGICAL PERSPECTIVE**

Roger Keizerstein, LCSW  
February 9, 2025, 10:30am-1:30pm EDT  
Course Number: 354 (3.0 contact hours)

### Bibliography

- Arden, J. (2019). *Mind – Brain – Gene: Toward Psychotherapy Integration*, W.W. Norton & Company, January 15, 2019.
- Dahlitz, M. (2017). *The Psychotherapist's Essential Guide To The Brain*. Dahlitz Media, 2017.
- Cozolino, L. (2020). *Neuroscience For Clinicians*, W.W. Norton & Company, 2020.
- Gentry, E. (2016). *Forward Facing Trauma Therapy*, Compassion Unlimited Publications, 2016.
- Kwon, D. (2017). Meditations Calming Effects Pinpointed in the Brain, *Scientific American*, March 30, 2017.
- LeDoux, J. (2016) *ANXIOUS*, Penguin Books, 2016.
- O'Haire, R. & Rodriques, K.E. (2018). Preliminary Efficacy of Service Dogs as A complementary Treatment for Posttraumatic Stress Disorder In Military Members and Veterans, *Journal of Consulting and Clinical Psychology*, February, 2018, 86 (2) pp.179-188.
- Parker, G. (2019). A Yoga Therapist Shares The Truth About Trauma, *Yoga Journal*, July 2019.
- Quesinberry, A. (2019). Traumatic Memory Reconsolidation Therapy Proving Successful in PTSD Patients, *Orange Observer Magazine*, December 4, 2019.
- Tull, M. (2019). Imagery Rehearsal Therapy to Treat Nightmares with PTSD, *Very Well Mind Magazine*, June 26, 2019.